

Yo-Yo and his Handler Tim, who visited in March

www.subaru4wd.asn.au subaru4wdclub@gmail.com



April 2023 ABN 97484983112

PRESIDENT PAUL SHINKS VICE PRESIDENT DEBBIE CLEMENTS SECRETARY BRUCE MITCHELL MINUTES SECRETARY HELEN MANSON TREASURER DEBBIE CLEMENTS EDITOR BRUCE MITCHELL

COMMITTEE MEMBERS

Peter Strazds, Bruce McLean, Kyra Hughes, Paul Ewins, Charlie Adam

APPOINTED POSITIONS

Membership Officer Paul Ewins
Trip Coordinator Charlie Adam
Volunteer Coordinator Paul Shinks
Advertising Liaison Debbie Clements
Environment Officer Werner Kutche
Properties Officer Helen Manson
Public Officer Paul Shinks

Technical Officers Paul Kinnear,
Karl Teigesser

4WD SA Rep Richard Temple
Google Gmail Admin Kyra Hughes
Social Media Coordinator Paul Shinks
Auditor Tim Paul



SUBARU 4WD CLUB OF SOUTH AUSTRALIA INC

www.subaru4wd.asn.au abn 484 983 112

Please direct email enquiries via Contact at www.subaru4wd.asn.au

Mail c/o 23 Yulinda Tce, Para Hills SA 5096

Telephone Enquiries: 0457 569 817, 82635384 or 8296 4535

Meetings are held on the first Friday of each month unless otherwise stipulated.

THE MEETING LOCATION AND DIRECTIONS ARE ON PAGE 4

NOTE; No Meeting or Bullsheet in January

Inside Front Cover Photo, Cape LeGrande Beach, WA. Courtesy R & B Yardley Cover photos, B.Mitchell

Member of Four Wheel Drive

South Australia

WHEEL COMPANY OF THE PARK OF T

https:// www.4wdsa.asn.au/? page=home

https://4wda.com.au/

Affiliated with Four Wheel Drive

Australia



https://4wda.com.au/

To contact committee members, direct email enquires to Appropriate Committee Member at www.subaru4wd.asn.au

TO RESPECT COMMITTEE MEMBERS PRIVACY, PLEASE DO NOT CONTACT THEM BY PHONE OR SOCIAL MEDIA AFTER 9 PM, UNLESS BY PRIOR ARRANGEMENT

Closing date for Bullsheet material

The closing date for all entries and advertisements into the Bullsheet is the 20th of each month, to ensure that the magazine is collated and dispatched on time for your viewing prior to the next meeting.

Your co-operation in this matter is greatly appreciated.

Email Articles to Editor at www.subaru4wd.asn.au

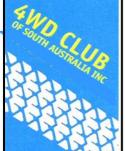
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Spreading Bullsheet



SUBAR



Hi All,

Due to a technical fault the Presidents Report is unavailable this month.

He does hope that you all had an enjoyable Easter and is looking forward to catching up with everyone at the May meeting and then at Dutchmans Stern.

Paul is O.S. for work, but guess where he would rather be?



Editors Report

Hi Everyone,

The March Madness and Easter Crush is behind us and we can look forward to the Flinders Ranges and 4 days at Peake for fun in the sand or just chillin' around the campfire with or makin' friends.

Before those events we have to focus first on the April Meeting, as our intrepid Trip Co-ordinator has organised for Cameron Wearing Training Director for the Adelaide Hills $4\mathrm{WD}$ Park to be the guest Speaker, who, amongst his achievements, has participated in two London to Sydney Car Rallies .

In May, Charlie has arranged for Chris Ellis ,Engineering Manager, for Monroe Tenneco, to be our Guest Speaker. He will be talking about vehicle suspensions.

Thanks to Charlie for arranging the Guest Speakers. It's not easy finding people willing to give up their Friday night to visit, and it can be harder finding someone to present an interesting subject, which appeals to the majority of Members.

The Visit from Sergeant Shoemaker and Yo-Yo last meeting met with wide praise

We have a great story in this edition from Pete D, outlining the excellent modifications he has made to his Forester.

If you wish to make modifications to your vehicle to enhance it's performance and exploring capabilities, talk to fellow Club members, as there are many ideas around and some may suit your situation and vehicle use.

Remember, that what ever you do, your vehicle must always be with in safety and the manufactures guidelines.

It is very easy to overload a vehicle with fuel, water camping gear and too many bodies on board. This includes anything that you are towing, too.

Happy Exploring

Bruce Mitchell,

Editor

Send Stuff for a Stuffed Magazine

Thanks to the contributors in this edition.

The Next Committee Meeting will be held at on Friday 21st April 2023 at the home of Bruce Mitchell, Aberfoyle Park. Please arrive for a $7.30 \mathrm{pm}$ SHARP, START. BYO Supper to share

The next General Meeting of the Subaru 4WD Club Of SA INC

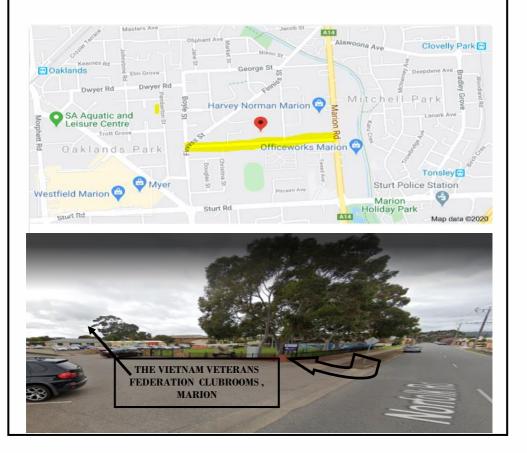
will be held on Friday April 14th, 2023 at 7.30pm with Guest Speaker, Cameron Wearing from Adelaide Hills 4WD Park

B.Y.O share Supper will be available at meeting close.

Vietnam Veterans Federation Clubrooms,

The Yerbury Centre, Unit 1, 31/39 Norfolk Rd, Marion SA, at the REAR of the property on the ON THE RIGHT, adjacent to the Marion RSL

Fielders Products Showroom is on the northern corner of Marion Rd. and Norfolk Rd.



MINUTES OF GENERAL MEETING

HELD AT VIETNAM VETERANS CLUB ROOMS

Friday 3rd March 2023

MEETING COMMENCED 7:30pm

Meeting chaired by Paul Shinks; President went through the raffle prizes.

Welcome everyone

VISITOR

Paul Huxford

S.A. Police dog YoYo and handler Tim Schumaker

APOLOGIES: Kyra Hughes, Paul Ewins.

MINUTES OF PREVIOUS MEETING were read

Accepted Bruce Mitchell Seconded Peter Strazds all in favour

SECRETARY

Letter sent to thank Vietnam Veterans thanking them for use of rooms. The Club decided to offer an extra \$10 for rooms, \$60 per month

Historic Vehicle enquiry, Mt Lofty Club may be able to help.

TREASURERS REPORT

Accepted Peter Strazds

seconded Peter Downer

all in favor

MEMBERSHIP

EDITOR

Magazine content discussed, one reply, vehicle stories, modifications etc. please forward to Editor

PROPERTIES

Debbie has generator, Bruce McLean returned shades and flags $\,$

e



March Minutes (cont)

ASSOCIATION

Proposing remote first aid course \$220 per person first weekend May.

Birds SA want to limit driving on beaches.

Red-arc sponsorship available – factory tour available

PAR's rule camping middle of track, PAR $1-8\,50m$ camping from track, PAR 9 and above camp on track.

Beachport to Robe

Speed limit SA Beaches, search web site, members please vote. Currently 100km

AGM March

Zoleo remote messaging – there is a monthly fee, similar to mobile phones.

COMING TRIPS

VOLUNTEER

Report 349 hours of volunteering,

243hours grant Dutchman Stern \$2384 Grant budget \$10959 dollar value.

WEB nothing to report

GENERAL BUSINESS

Ring pulls can be collected here in the meeting room.

Adelaide Hills 4WD Park now open access \$60

Shirts and hats available

4WD show if decision is not made, Paul Kinnear is prepared to run the stand.

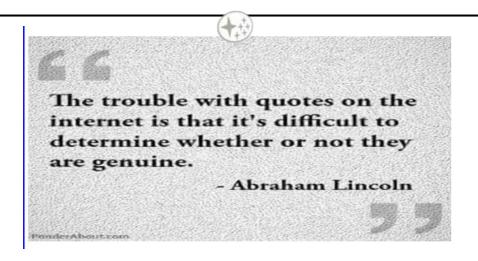
Paul Shinks - be mindful of reward for effort. Paul Kinnear trip leader.

Paul & Theresa Sinks 25-year anniversary, Foresters 26th Anniversary this year.

RAFFLE PRIZES DRAWN

MEETING CLOSED

9:05pm





Why is it called
Battery Track
Port ??
Ask Paul at a
Club Meeting

Celebrating 21 Years of Club Members
Volunteering in our wonderful National and
Conservation Parks.

The port will help warm up those coming winter nights at home, or around the campfire.

Supplied by local Fleurieu Winery, Horndale, it's great on the nose and better on the palate Only \$15 a bottle.

Contact Paul Shinks for your supplies on 0427 237 455





April

2023

Mon	Tue	Wed	Thu	Fri	Sat	Sun
					I	2 Daylight Savings ENDS Karin Verschoor
3	4	5	6	7	8	9
Ethan McLean			Ella Ewins	Good Friday Leo Verschoor	Easter Saturday Robin Yardley	Easter Sunday
IO Easter Monday	Ш	12	13	I 4 Club Meeting & Guest Speaker Grant Mitchell	I5 Mykyjah De Jong	16
I 7 Amelia Shinks	18	19 Werner Kutsche Helen Manson	20	2 I Darrren Turner Committee Meeting	22	23 Shirley Hewson
24	25 Justin Dent	26	27	28	29	30



May

2023

Mon	Tue	Wed	Thu	Fri	Sat	Sun
Heather Nankivell	2	3	4	Club Meeting & Guest Speaker	6	7
8	9	10	Richard Fishlock	12	13	14
15	I 6 Tony Romanas	17	I8 Grace Gent	Committee Meeting TBC	20	21
22	23	24	25 Debbie Clements	26 DUTCH- MANS STERN	27 DUTCH- MANS STERN	28 DUTCH- MANS STERN
29 DUTCH- MANS STERN	30	31				





Brevet Sergeant Tim Schoemaker

Dog Handler, Dog Operations Unit, Special Tasks & Rescue Group (32)

South Australia Police

Thebarton Barracks, Gaol Road, Adelaide

Dear Tim and Yo Yo.

On behalf of the Members of the Subaru 4WD Club I would like to express our sincere gratitude for your commitment to training and the important work that you do in helping to keep our community safe.

Your visit to our Club drew the biggest crowd to a meeting that we have had for some time and we were not disappointed. It was great to learn about the training that goes into preparing the Dogs and Handlers for different tasks.

It is amazing how the dogs can be trained to identify different types of substances and how patient but alert the handlers have to be. Every one thoroughly enjoyed your presentation and fell in love with Yo-Yo.

Thank You, Bruce Mitchell Secretary, Editor









TRIPS

MAY VOLUNTEERING TRIP

Is At Dutchmans Stern Conservation Park

Dates: MAY 26 th to 29 th

Where: via Quorn

Trip Leader: Paul Shinks: Mob 0427 237 455

Trip Sheets; Names must be on the trip sheet, PRIOR to

attending any Club trip

Meet: At Park, Friday unless advised otherwise by Paul S

Accommodation, in refurbished Station Homestead & Shearers

Quarters, with hot showers, toilets, kitchen & Beds

B.Y.O Food, Drinks, Bedding, Gloves, strong Walking Boots, Sun protection, Long Sleeves, Hat

Tasks MAY include, attacking Boxthorn & Wheel Cactus, Entrance Rd clearing & Mesh at Nth end of Valley Track and other activities as specified by the Ranger

Rewards: Great company, food, scenery and the satisfaction of helping our underfunded Park Rangers.

Photo, Courtesy B. Mitchell

Mitchell

TRIPS

Peake, Sandhills Trip

Date June: 10th to 12th Long Weekend, plus extra days

Trip Leader: Paul Kinnear: Mob: 0438 275 766

Difficulty: Driving, Learner to Experienced

Trip Sheets: Names must be on the trip sheet, PRIOR to attending any Club

trip

Cost: \$20 per Day, per Vehicle, CASH

Where: Via Peake: More information Next Month

Meet: At property, or by arrangement.

If you want directions from Peake, call Paul Kinnear, when you get there.

Phone reception is excellent

You must be registered On The Trip Sheet to attend this trip.

NO CASUAL ATTENDEES WILL BE ALLOWED TO

PARTICIPATE OR STAY ON THE PROPERTY,

IF NOT REGISTERED

BRING: Camping Gear, food, water, drinks & Sand Flag,

You need to have recovery gear, fire extinguisher, shovel, UHF radio, either in car or hand held, . BRING FIREWOOD TO SHARE

TRIPS

JUNE, JULY VOLUNTEERING TRIP

Is At Dutchmans Stern Conservation Park

Dates: JUNE 30th to JULY 3rd

Where: via Quorn

Trip Leader: Paul Shinks: Mob 0427 237 455

Trip Sheets; Names must be on the trip sheet, PRIOR to

attending any Club trip

Meet: At Park, Friday unless advised otherwise by Paul S

Accommodation, in refurbished Station Homestead & Shearers

Quarters, with hot showers, toilets, kitchen & Beds

B.Y.O Food, Drinks, Bedding, Gloves, strong Walking Boots, Sun protection, Long Sleeves, Hat

Tasks MAY include, attacking Boxthorn & Wheel Cactus, and other activities as specified by the Ranger.

Activities available to suit all abilities and skills.

Rewards: Great company, food, scenery and the satisfaction of helping our underfunded Park Rangers.

Photo, Courtesy B. Mitchell

Mitchell

TRIPS

THE AUGUST VOLUNTEERING TRIP

Is At Mambray Creek,
Mt Remarkable

Dates: AUGUST 18th to 21st

Where: Via Highway 1, past Pt Pirie

Trip Leader; Paul Shinks: Mob 0427 237 455

Trip Sheets; Names must be on the trip sheet, PRIOR to

attending any Club trip

Meet: In the Red Gums group camping area Friday night and then on Saturday we drive into the park proper to work until we go and set up camp and then start happy hour until late.

There will be lots of walking and work, so you must bring sturdy walking boots and bring your favorite strong work gloves if you have those.

You will need a quick prep lunch. We will be with the cars all day.

You must be self sufficient Saturday night, there are no facilities out there. Be ready for some hard Yacka.

Make sure you bring fire wood to share

BYO Shelter, Food, Drinks Water, Very Warm Sleeping & Clothing Gear, Strong Boots, Hat, Long Sleeves, Sun Protection

Photo, Courtesy R, Tink

TRIPS

WILLOW SPRINGS TRIP

Dates: September 8 th to 11th

Where: via Quorn to Willow Springs

Trip Leader: Paul Kinnear: Mob 0438 275 766

Trip Sheets: Names must be on the trip sheet, PRIOR

to attending any Club trip

Meet: At Willow Springs, Friday unless you advised Paul

otherwise. You can stay 2-4 days

Bookings Close Friday 24th August

Camping: In a bush camp, with toilet, no power & close to the

Station Homestead which has hot showers & toilets.

Costs, Two persons per Site: \$ 30 a night. More than 2 per site,

\$8 each extra per night. Costs to be Confirmed

Skytrek \$65

B.Y.O: Camper Trailer or Tent, Food, Drinks, Bedding,

Recovery Gear, including Gloves, Snatch Strap, Shackles,

Shovel, Air Compressor, Tyre Deflator.

Proposed Activities: Subject to change

Friday: Afternoon, Moralana Scenic Drive

Saturday: Blinman, bakery, mine tour, hotel, historic town

Sunday: Skytrek

Monday: Chill, walking, do your own thing

TRIPS

SEPTEMBER VOLUNTEERING TRIP

Is At Dutchmans Stern Conservation Park

Dates: SEPTEMBER 22nd to 25th

Where: via Quorn

Trip Leader: Paul Shinks: Mob 0427 237 455

Trip Sheets; Names must be on the trip sheet, PRIOR to

attending any Club trip

Meet: At Park, Friday unless advised otherwise by Paul S

Accommodation, in refurbished Station Homestead & Shearers

Quarters, with hot showers, toilets, kitchen & Beds

B.Y.O Food, Drinks, Bedding, Gloves, strong Walking Boots, Sun protection, Long Sleeves, Hat

Tasks MAY include, attacking Boxthorn & Wheel Cactus, and other activities as specified by the Ranger.

Activities available to suit all abilities and skills.

Rewards: Great company, food, scenery and the satisfaction of helping our underfunded Park Rangers.

Photo, Courtesy B. Mitchell

Mitchell

TRIPS

Adelaide 4WD and Adventure Show

Dates: October 27th to 29th

Where: Wayville Showgrounds

Trip Leader: Paul Kinnear Mob

0438 275 766



Trip Sheets; Names must be on the trip sheet, PRIOR to attending any Club trip.

Volunteers and display ideas needed to help promote the Club and "Person" the stand. We may a have car on the stand, which could help draw attention to our activities.

Contact Paul with ideas and for further information



TRIPS

THE NOVEMBER VOLUNTEERING TRIP

Is At Mambray Creek,
Mt Remarkable

Dates: NOVEMBER 3rd to 6th

Where: Via Highway 1, past Pt Pirie

Trip Leader; Paul Shinks: Mob 0427 237 455

Trip Sheets; Names must be on the trip sheet, PRIOR to

attending any Club trip

Meet: In the Red Gums group camping area Friday night and then on Saturday we drive into the park proper to work until we go and set up camp and then start happy hour until late.

There will be lots of walking and work, so you must bring sturdy walking boots and bring your favorite strong work gloves if you have those.

You will need a quick prep lunch. We will be with the cars all day.

You must be self sufficient Saturday night, there are no facilities out there. Be ready for some hard Yacka.

Make sure you bring fire wood to share

BYO Shelter, Food, Drinks Water, Very Warm Sleeping & Clothing Gear, Strong Boots, Hat, Long Sleeves, Sun Protection

Photo, Courtesy R, Tink

Pete D's SJ Forester (2014)

Bought my SJ Forester back in March 2015, went up the Barossa after seeing the ad for the runout of last year's models. Liked what I saw and they told me they would bring it to my work to test drive the next day. Low and behold the next day the salesman turned up with an XV which I thought was strange. Yes he got it wrong, I wanted the Forester!

Well a lot has changed since I first got it.....

Modifications:

Full SLO lift kit 2" front 2.5" Rear allows for any sag when loading the Forester. (https://subieliftoz.com.au)

East Coast Bullbars 76mm Nudge Bar. Compatible with Subaru Eye Sight Cameras.

(https://www.ecb.cm.au)

Hall's Towbar.

(http://www.haltowbars.com.au)

SubaXtreme aluminium sump guard.

SubaXtreme recovery points.

(https://subaxtreme.com)

MiRACK Tilting Rear Wheel Carrier.

(http://www.mirack.com.au)

Kings 9" LED Driving Lights.

Titan Fridge Slide

(https://www.4wdsupercentre.com.au)

Dual Battery wiring and Redarc DC/DC charger.

Kenwood Digital Reciever.

(Courtesy Karl Teigesser)

Warning: If my Forester now gets nicked I will blame one of our club members!!!

Pete D's SJ Forester (cont)

I did not bother with prices because they would have changed since the items were bought.





Nudge Bar and 9" LED lights

Photo after lift fitted



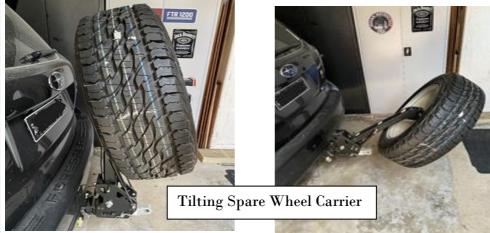








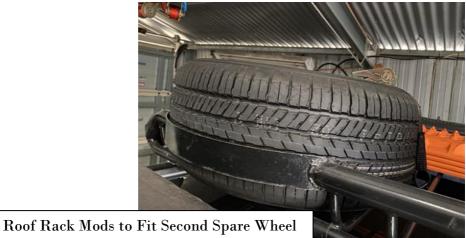






Pete D's SJ Forester (cont)









INTERNET LINK



How to decode your tyres' numbers April 2023

https://samotor.raa.com.au/how-to-decode-your-tyres-numbers/?

utm_medium=email&utm_campaign=samotor%20-%206%20April%

202023&utm_content=samotor%20-%206%20April%

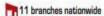
202023+CID 0521875807967b5ccaeae9165c0293ec&utm_source=raaenews&utm_te rm=Press%20play

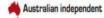
To Access Hold Cursor over Link Press Ctrl on keyboard, & left click the mouse

SOUTH australi SPECIALIST











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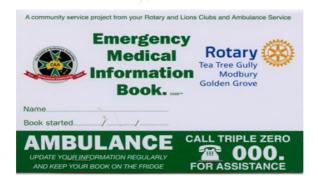
08 8311 2999 sales.adelaide@unitedfasteners.com.au

Wingfield: 218 Cormack Road Melrose Park: 1 Marion Street



This book





It is recommended that Club Members carry an up to date copy in their Vehicle Glove Boxes, Especially on Club Trips or Events. Club Officials would only access Personal Information in an Emergency.

Available from the Treasurer for \$2.00

The

Emergency Medical Information Book - contains all of your information and medical records which is needed if or when an ambulance is called and you need to be transported to a hospital.

When paramedics are called, a typical scenario is that distraught family members may be unable to give correct details of the patient's condition, or the medication they may be on. The paramedics physically have to collect all the patients medication in the house, try and obtain a medical history and take it to the hospital with the patient.

This small book contains patient contacts, service or carer provider information, medications and any medical condition, so a paramedic is able to treat and ready a patient for transport to a hospital.

HAVE ONE ON THE FRIDGE Has a Magnetic plastic sleeve

It is recommended that Club Members carry an up to date copy in their Vehicle Glove Boxes, Especially on Club Trips or Events.

Club Officials would only access Personal Information Emergency. in an





Address			
			Postcode
Telephone		Mobile	
Date of Birth			V., 11, 12, 12, 12, 12, 12, 12, 12, 12, 12
Email Address			('Bullsheet' to be emailed month
Please tick here if you DO	NOT want your	details available	to other club members
Interests			
Partner's Name			
Telephone		Email Addre	SS
Partner's Date of I	Birth		
Children's Names			PTO if more space required
Children's Dates o	f Birth		
Make		Model	
Year	Colour		Rego
Insurance Compar	ny		
4WD Experience:	None	Good	Average
Radio:	UHF	AM	HF
	None		
WARNING			
drive, undergoing for in conjunction with f	or otherwise, ur wheel drive our wheel drive	four wheel driv training, riding e training, or p	ving, learning to four wheel j in a vehicle being used for articipating in any activity so entirely at their own risk.

Membership Application

Joining Fee: \$15 Metro: \$60 Country: \$50

FEES:

each year (AGM)

Renewals Due: 1st meeting in July

If this is a new member application, please do not send any money just yet as your application will need to be approved first by the committee.

Subaru 4WD Club of SA Inc.

Postal Address

c/o23 Yulinda Tce

Para Hills SA 5096

Email subaru4wdclub@gmail.com

ABN 97 484 983 112

I, the applicant, have read or had read to me the above application and warning, and having understood same, consent to it's requirements.

Signed:	Date:	
new membership form must be s	ubmitted and signed EVERY year	
Received by:	Date:	

For Direct Transfer Payments Subaru 4WD Club Inc. BSB: 085-183

ACC Number: 508 013 961

Down Load From

https://www.subaru4wd.asn.au and click on Membership

MEMBERSHIP FEES FOR 2022-2023

METRO	\$60.00
COUNTRY	\$50.00
HALF YEAR	\$30.00
IOINING FEE	\$15.00

Memberships ARE DUE PROMPTLY on 1st July & are in default if not paid by 30th September.

Membership cards will be issued at meetings.

If you require your card to be posted out to you, please contact the Membership Officer.

Membership forms can be downloaded from www.subaru4wd.asn.au



Make sure you collect your new Club sticker when you pay your membership.

IMPORTANT NOTICE

IF YOU ARE TAKING PART IN ANY CLUB EVENTS, YOU MUST PUT YOUR NAME ON THE TRIP SHEET TO ENSURE THAT YOU ARE COVERED BY THE CLUB'S PUBLIC LIABILITY INSURANCE. YOU CAN DO THIS AT A MEETING OR BY RINGING THE CLUB TRIP CO-ORDINATOR

AFTER THE LAST CLUB MEETING BEFORE A TRIP, PLEASE INFORM THE <u>TRIP</u>
<u>LEADER</u> OF ANY ADDITIONS OR CANCELLATIONS PRIOR TO THE COMMENCEMENT
OF THE TRIP

THIS IS FOR YOUR OWN PROTECTION AND OURS!

Did you know that it is in the Club Constitution that your car must be maintained in good roadworthy condition with a minimum of 3rd party property insurance?

Do you have a fire extinguisher & RECOVERY KIT with you on club trips?

It's a club rule that you carry one of each.







Club Apparel

ENQUIRE WHEN THE NEXT ORDER WILL BE ARRANGED

Hoodies \$ T.B.A

Tee Shirts \$ T.B.A

GME

HEMA

GARMIN.

Please Note, Designs and Sizes and Availability, subject to change



Communications, GPS Navigation
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Experts in..
UHF Radios
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Satellite Phones
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199-203 Torrens Rd Ridleyton Ph: (08) 8346 9234

www.ElectricBug.com.au



Sales - Supply - Install - Service - Repairs - Hire



Exclusive 4WD Club Member Offer

10%

Parts and labour as well as accessories purchased.



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Eblen Subaru

IVD 173. Offer valid until 30th June 2023. Conditions apply. Passenger vehicles only. Valid upon presentation or mention of this advertisement.